

THE NATURAL ENERGY CHARGING KIT

Enclosed is your Natural Energy Charging Kit. The kit consists of one video tape, one audio tape and a set of three wires. You may also have ordered the Concentration Headband. If so, it is also enclosed.

The directions for using the Charging Kit are on the video tape, so to understand how to use Charging Kit, watch the video tape first.

Here are the directions for using the Concentration Headband:

Do not wear the headband while doing your charging exercise. You can wear it after doing the exercise as long as you want. I have personally found wearing it 6-8 hours a day is all that I am comfortable with. If at any time the headband is having a negative effect, stop wearing it. The headband consists of the band material and a magnetic strip. Like all magnets, the magnetic strip has a north pole and a south pole. It is absolutely critical that this magnet be oriented correctly. Notice the front of the headband has a fold such that the end of the band is at an angle. This forms a small triangle on the end. The point of this triangle should go towards the top of your head. When you put the headband on, orient the area where it closes to the center of your forehead. So the orientation is up, front, center.

Energy Field References

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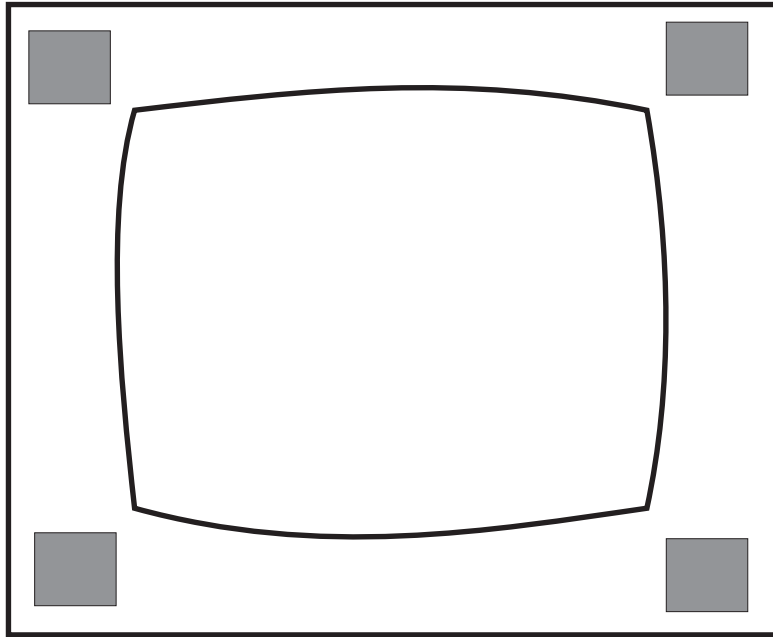
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Using Your Energy Traps

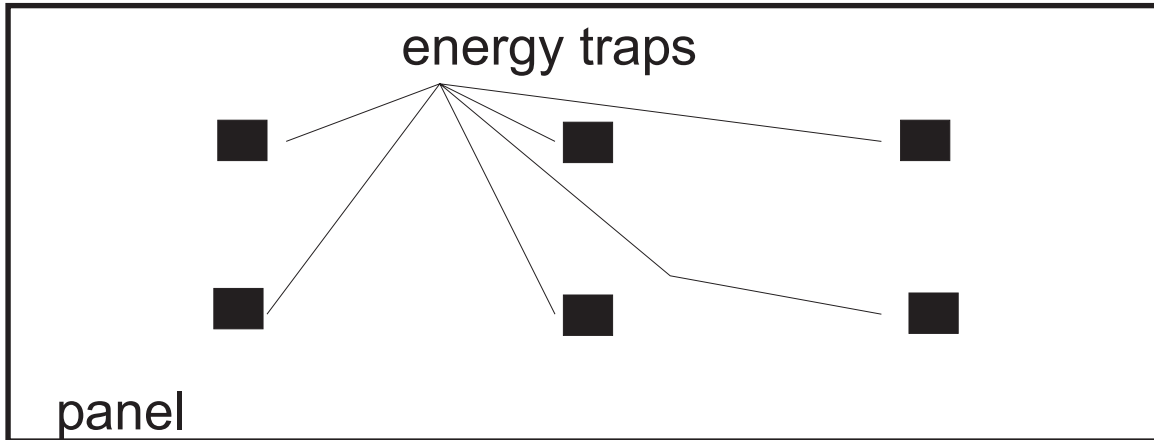


Peel off sticky back,
and stick flat to the corners
of your computer monitor. Orientation
does not matter.

Energy traps shield you from the
negative energies from your monitor.
In fact, they convert your monitor
into a positive energy source. To learn more,
check out our website at
<http://moneytide.com>
or contact

MicroMedia
4224 East 126th Ave
Northglenn, CO 80241
303 452 5566
fax 303 457 9871

Using Your Energy Traps With Florescent Lights



Peel off sticky back,
and stick flat to the top side of
the plastic panel under the lights,
per watt bulb. two bulb fi ture
takes traps as shown.

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